

Active Listening In Counselling

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[Counselling Skills: A Practical Guide For Counsellors And Helping Professionals](#) Jan 27 2020 This second edition is a step by step practical guide to counselling skills for trainees and practitioners. It presents key skills clearly and concisely.

Counselling Children Jun 12 2021 In this Third Edition of their bestselling text, Kathryn Geldard and David Geldard provide a practical introduction to the principles and practices required for successful counseling, to show that working with young people can be both challenging and effective. The Third Edition has been completely revised and updated, and includes two new chapters. The book is divided into three main parts, covering: How to understand the young client as a person The pro-active approach of working with young people The counseling skills and strategies needed

[Listening Helpfully](#) Oct 28 2022 Aimed at people wishing to take up counseling as a career, this practical guide teaches the basic skills and qualities required as a professional listener.

Practical Counselling and Helping Skills Sep 03 2020 This sixth edition provides a step-by-step guide to using counselling and helping skills with confidence and proficiency. The author's three-stage model of counselling - relating, understanding and changing - is designed to facilitate developing lifeskills in clients and to help them to change how they feel, think, communicate and act. It includes new chapters on 'Technology mediated counselling and helping', with updated research and references throughout. Using practical activities and case examples, the book takes you beyond the basics to more advanced skills, making it an essential companion for all counselling skills courses. Richard Nelson-Jones has many years' experience as a counsellor, trainer and psychotherapist. His books have helped train thousands of counsellors and helpers worldwide. He is a Fellow of the British and Australian Psychological Societies and of the British Association for Counselling and Psychotherapy.

Communicating in Business Today Aug 02 2020

[Introduction to Counselling Skills](#) Feb 20 2022 'This book is a superb reference for counselling skills trainers and students. It presents practical key skills that are described and discussed clearly and concisely' - Dr Margaret E Smith, Programme Leader, University of Derby 'This Third Edition interestingly adds two relevant sub-themes to its impressive range of subject matter. The text offers a sound, practical and accessible introduction that serves to ground the purpose, application and practice of counselling skills' - Gerry Skelton, Social Work and Counselling educator, trainer and practitioner [Introduction to Counselling Skills](#), Third Edition is designed to help readers acquire and develop the counselling skills key to effective helping relationships, using an easy-to-follow, three-stage model. Richard Nelson-Jones details each stage in the helping process, using examples to demonstrate counselling skills in a variety of contexts. Showing how skills work in practice and the diversity of issues they can help to address, this book covers: " what counselling skills are " improving listening skills " assessing feelings, thinking and communication " improving thinking skills and communication skills " conducting sessions " ethical issues. For the Third Edition, [Introduction to Counselling Skills](#) has been fully updated, adding new material on relaxation techniques and managing crises. Combining a clear explanation of skills with a host of practical activities, this is the ideal text for introductory courses in counselling skills, counselling and other professional areas including health care, management, education and social work. Richard Nelson-Jones is a Fellow of the British Psychological Society and of the BACP. He divides his time between London and Chiang Mai, Thailand.

Practical Counselling & Helping Skills Nov 05 2020 'The new Fifth Edition shows Richard Nelson Jones at his very best: clear, concise and helpful in a practical way. I strongly recommend this text' - Windy Dryden, Professor of Counselling, Goldsmiths College, London 'A welcome update...creating a powerful and stimulating learning experience'- Pat Beardsworth, Director, Welsh Centre for Counselling Psychology, Swansea 'Richard Nelson Jones's use of lifeskills counselling provides significant added value to our services, particularly with our more difficult clients '- David Stratford, Director, Davidson & Associates, Melbourne 'An excellent practical book, packed with useful information. An ideal text for training courses' - Stephen Palmer, Centre for Stress Management, London 'This book provides a secure base from which the counsellor can practice in an empathic, effective and ethical manner' - Robert Bor, Professor of Psychology, City University, London 'A unique combination of theory, skills and practical activities in a highly informative and impressively detailed text' - Ken Fisher, Bolton Institute 'A great training book....extremely useful for a wide variety of counselling, helping and pastoral care settings' - Dr Ron Perry, Director, Institute for Counselling, Sydney, Australia 'Invaluable and interesting text and exercises for building a broad range of counselling skills' - Dr Doug Farnill, Faculty of Medicine, Sydney University, Australia This new Fifth Edition of Richard Nelson-Jones' bestselling **Practical Counselling & Helping Skills** presents the core skills needed to be a successful counsellor. Fully revised and updated, the text is based on the Relationship-Understanding-Changing (RUC) lifeskills counselling model. This provides a systematic approach for clients to develop specific lifeskills to change how they feel, think, communicate and act, and this book provides ways for the counsellor to facilitate this

[The Therapist as Listener](#) Jan 19 2022 Listening is clearly central to the practice of both counselling and psychotherapy. Given this, it is quite extraordinary how little thought has been given to the nature of therapeutic listening and to the cultivation and evaluation of the therapist as listener. Instead, listening is a subject marginalised in both the theoretical literature on psychotherapy and in the practical training of counsellors and psychotherapists .In this collection of essays and articles by Peter Wilberg, the thinking of Martin Heidegger provides the platform for an exploration of the deeper nature of listening - not simply as a passive prelude to therapeutic or diagnostic responses, but as a mode of active inner communication with others. What Wilberg calls Maieutic Listening is not a new form of psychotherapy, but the innately therapeutic essence of listening as such - understood not as a mere therapeutic 'skill' but as a our most basic way of being and bearing with others in pregnant silence.

Swift to Hear Oct 24 2019 In this volume the author focuses on the development of basic listening and responding skills, and describes the process of communication which is at the heart of the helping interview.

[Counselling Skills for Health Professionals](#) Sep 15 2021 The new edition of this text has been updated to reflect research, changes and developments in counselling. It combines theory and practice to give students a full understanding of the complexities of counselling.

[Listening & Caring Skills](#) Apr 10 2021 The secret to leadership and transformation of a group--or of another person--is the quality of the relationship one person has with another. The effective group leader or counselor will be the person who learns how to listen to other people. By studying and employing listening skills, church leaders will engage others more compassionately, allowing them to feel that their needs are being met. These skills can be used with persons who are terminally ill, inactive at church, going through a divorce, in a family with a severely ill person, unemployed, seeking a new church, grieving, traumatized by catastrophe, going through teenage adolescence, in marriage counseling, or leading a ministry team. John Savage offers eleven specific and teachable listening skills for improving relationships among those who do ministry in small-group settings or when offering counsel to others. The skills are taught through oral exercises and unfailingly helpful examples from actual congregational situations. The skills include paraphrasing, productive questions, perception check, expression of feelings and emotions, fogging, negative inquiry, behavior description, and story listening.

Counselling for Maternal and Newborn Health Care Jan 07 2021 The main aim of this practical Handbook is to strengthen counselling and communication skills of skilled attendants (SAs) and other health providers, helping them to effectively discuss with women, families and communities the key issues surrounding pregnancy, childbirth, postpartum, postnatal and post-abortion care. [Counselling for Maternal and Newborn Health Care](#) is divided into three main sections. Part 1 is an introduction which describes the aims and objectives and the general layout of the Handbook. Part 2 describes the counselling process and outlines the six key steps to effective counselling. It explores the counselling context and factors that influence this context including the socio-economic, gender, and cultural environment. A series of guiding principles is introduced and specific counselling skills are outlined. Part 3 focuses on different maternal and newborn health topics, including general care in the home during pregnancy; birth and emergency planning; danger signs in pregnancy; post-abortion care; support during labor; postnatal care of the mother and newborn; family planning counselling; breastfeeding; women with HIV/AIDS; death and bereavement; women and violence; linking with the community. Each Session contains specific aims and objectives, clearly outlining the skills that will be developed and corresponding learning outcomes. Practical activities have been designed to encourage reflection, provoke discussions, build skills and ensure the local relevance of information. There is a review at the end of each session to ensure the SAs have understood the key points before they progress to subsequent sessions.

Embedded Counselling in the Helping Professions Aug 22 2019 [Embedded Counselling in the Helping Professions](#) offers a practical framework for understanding how frontline human service practitioners can respond effectively to the emotional support needs of those around them, by incorporating counselling skills and knowledge into their everyday professional work. Taking a broad, interdisciplinary perspective, McLeod and McLeod provide comprehensive coverage of key areas of practice that can lead to improved outcomes for service users, including: •Capitalising on how embedded counselling complements and builds on other interventions and forms of support •Developing skills and activities for facilitating helpful counselling episodes that enable clients to move forward in their lives •Using evidence from research studies to enhance practice •Designing caring services that promote positive practitioner values and attributes, and take account of organisational challenges and opportunities •Ongoing personal reflection, supervision and consultation to consolidate learning and awareness. As well as tackling critical reflections and enforcing ethical practice this new book helps human service practitioners to make sense of frequently occurring client issues including crisis, trauma, emotional pain, life transitions, bereavement and loss, and behaviour change. [Embedded Counselling](#) is essential reading for all students entering the human service field. It also acts as a valuable continuing professional development resource for qualified and experienced practitioners and for managers and policy-makers who are committed to creating caring and responsive organisations. Julia McLeod is Lecturer in Counselling at Abertay University, Dundee, UK. She has been a counselling trainer and tutor with students from many different backgrounds, as well as having extensive experience as a therapist and supervisor. John McLeod is Emeritus Professor of Counselling at Abertay University Dundee, and Visiting Professor at the Institute for Integrative Counselling and Psychotherapy in Dublin, Ireland.

Peer Counseling Jul 25 2022 This remains the best (and only) handbook for learning to be a peer counselor. After years of success with their first editon, the editors have updated and greatly

expanded Peer Counseling with new chapters by additional contributors. This new edition provides the basics of rapidly training college students and others in: Listening skills -- Crisis counseling -- Counseling skills Cultural and ethnic perspectives -- Resident advisors Suggested training curriculum Chapters from new contributing authors help reflect changes in the work of the average college campus peer counselor: Ethical considerations -- Making referrals -- Date rape -- Sexual orientation -- HIV antibody test counseling Complete with bibliography and index

Listening to Music in Psychotherapy Apr 22 2022 Evidence-based change is central to many recent developments in the NHS. This book brings together practical and personal experiences from a wide range of externally evaluated healthcare projects. It demonstrates how to facilitate and promote evidence-based change by drawing on realistic advice on what is, and is not, effective. It enables readers to benefit from lessons learned and provides a comprehensive insight into implementing changes based on research evidence, across broad range of settings in the NHS. 'An important book. It has many exciting insights, enjoy it.' Jenny Simpson in the Foreword 'A unique collection. There are some brave admissions and this is probably the best attempt yet to capture the nitty-gritty of the evidence-into-practice agenda in UK healthcare. I hope you find it a gripping read'. Trisha Greenhalgh in the Foreword

Active Listening According to Carl R. Rogers Dec 06 2020 Seminar paper from the year 2010 in the subject Pedagogy - Science, Theory, Anthropology, grade: 1,3, Free University of Berlin, language: English, abstract: First in this paper, an overview of Dr. Carl Rogers' client-centered counseling is given. Then, focus is put on the importance of active listening, of understanding, and of attention paid to the client. As a conclusion, a professional approach to interpersonal communication for knowledge management in today's world will be explained and the perspective is widened to include general conversations beyond the therapeutic context. As a summary, this paper will discuss to what extent listening actually plays a major part in the communication process and where the limits of practical and professional application of Rogers' concept are.

An Introduction to Listening Skills Dec 18 2021 A learning manual designed to guide you through the process of offering effective helpful listening to others without judgement or unnecessary interruption as part of a helpful listening relationship. One in a series.

Listening, Learning, Caring & Counselling Jul 01 2020 At the centre of any caring role is listening attentively to the concerns, stories and needs of others. But to develop the skills of listening, learning, caring and counselling, you need support and training. Listening, Learning, Caring and Counselling (LLCC) is the comprehensive guide, full of ideas and techniques, to fill that role. It is not a book about fundamental counselling skills. Instead, Author Dr. Cate Howell focuses on how professionals can assist clients as they work through the issues they commonly present with - such as low mood, relationship issues, loss and grief. A number of different therapies and their related techniques are described and synthesized into the LLCC approach, while case-studies, skills and tips for everyday practice make it a practical and user-friendly resource. LLCC is essential reading for counsellors, support workers, case workers, medical practitioners, health professionals, emergency workers and those in the fields of human resources and life coaching.

EBOOK: Counselling Skills: Theory, Research and Practice 3e Mar 09 2021 This book incorporates updated and enhanced material from the bestselling Counselling Skills book to focus on the needs of the student. The book will offer detailed research-informed discussion of key counselling skills, asking why these skills are essential to effective helping within the profession. It ensures that students are grounded in theory as well as practical knowledge to ensure they are able to continue developing throughout their career as the field changes. In particular, the new content reflects these changes via material on diversity and nonverbal communication. The book will be a foundation for students across the field.

Essential Interviewing and Counseling Skills Mar 21 2022 Print+CourseSmart

Being and Listening Apr 29 2020 This book examines the ontological dimension of listening in both psychotherapy and somatic medicine, using a Heideggerian "language of listening" to radically deepen the experience of therapeutic "listening" and to understand better the role of both "listening" and "being" in the therapist's and patient's experience.

Learning To Counsel, 4th Edition Mar 29 2020 Drawing on their numerous years experience as counsellors, tutors, and writers, Jan Sutton and William Stewart introduce readers to the basic principles that underpin counselling practice. Written in a clear, concise and jargon-free style, and with its wealth of case studies, examples of skills in practice, and practical exercises, this new edition is an ideal text for those embarking on a counselling or psychotherapy course, trainee counsellors, counselling tutors to use in training, professionals working in the area of health care, management and education, and counsellors working in the voluntary sector. It provides insight into various counselling approaches; clarifies the nature of counselling and the role of the counsellor, and assists readers to develop a repertoire of key counselling skills and qualities, such as active listening, genuineness, unconditional positive regard, empathy, goal-setting, etc. The book also addresses the important issues of ongoing supervision to enhance counselling practice, and counsellor self-care to reduce the risk of burnout.

Reflective Practice in Child and Adolescent Psychotherapy Jun 19 2019 Therapy referrals for a child or young person can be motivated for a number of reasons. The parents, carers or professionals responsible for their wellbeing might describe a sudden change in presentation, risk taking behaviour, such as self-harm or experimentation with drugs, alcohol or sex, or they might label the young person as over reacting, under reacting or attention seeking. Such behaviour prompts concern for their safety and confusion about why the child or young person is presenting the way they are. This book offers a thoughtful approach to making sense of such behaviour and encourages adults to 'reflect on' rather than 'react to' young peoples' outward presentations. Based on the author's work with children, young people and families over two decades, this book shares reflections from the therapy room and illustrates how the therapist can try to make sense of mood, behaviour and presentations that previously made no sense. The content relies heavily on clinical experience as well as drawing on classical and contemporary psychotherapeutic literature. So often adults find themselves reacting to observable behaviour in a judgmental or punitive way, rather than pausing to consider what the behaviour might be communicating. The author aims to model a thoughtful reflective approach to making sense of what might be going on for children and young people and this book will be of great interest to child and adolescent psychotherapists, related professionals and those with an interest in young persons' mental health.

Active Listening May 23 2022 Active Listening is a short 1957 work by Drs. Carl R. Rogers and Richard E. Farson, two influential American psychologists. The work brings the counselling technique of active listening to the layperson, demonstrating how it can be applied to interactions between an employee and employer. Carl R. Rogers (1902-1987) was one of the pioneers of the "client-centered" approach to psychotherapy. He is considered one of the founding fathers of modern psychotherapy research and is widely regarded among others in the field as the most influential psychotherapist of all time - viewed even more highly than Sigmund Freud. Dr. Rogers served as a professor of psychology at the University of Chicago, where he set up the university's counselling and research clinic, the Industrial Relations Center. He wrote many books on psychotherapy, and in later years, travelled the world to bring his theories to areas of great political and social strife like Northern Ireland, South Africa, and Brazil. Richard E. Farson (1926-2017) had already completed his bachelor's and master's degrees when he met Dr. Rogers in 1949. Dr. Rogers invited Farson to continue his studies with him at the University of Chicago. Farson became Dr. Rogers' research assistant while he completed his Ph.D. in psychology and began counselling at the Industrial Relations Center. Dr. Farson held leadership positions in a number of research institutions. He co-founded the Western Behavioral Sciences Institute, where he served as president and CEO. He was later appointed as the founding dean of the California Institute of the Arts School of Design and served as president of the Esalen Institute. Drs. Rogers and Farson collaborated on many projects, including 1957's Active Listening. They also led a 16-hour group therapy session that was recorded and released as a film called Journey Into Self. The film won the 1968 Academy Award for Best Documentary. Active Listening describes a method of communication used in counselling and conflict resolution. Rather than serving as a passive participant in a conversation, active listeners take a functional role in helping the speaker to work out their issues. As the speaker shares, the listener repeats back what they've heard in their own words. This both confirms that they've heard the speaker and verifies that they understand. Unlike the way many of us instinctively communicate - trying to get another to see things from our own perspective - active listening requires that we see things from the speaker's perspective. The listener must address not only the meaning of the words, but also the feeling behind them, in order to make the speaker truly feel heard. These feelings can be conveyed through words, tone, volume, body language, and even breathing. This method is not without risks. It can be tempting to lose your sense of self in the practice of sensing the feelings of another person. As Drs. Rogers and Farson put it, "It takes a great deal of inner security and courage to be able to risk one's self in understanding another." In contrast to many psychological texts, Active Listening is written for the non-clinician or psychologist. In plain, everyday language, the book explains both the concepts of active listening and how they can be applied to the workplace. Employers who engage in active listening, the book argues, can help employees to become more cooperative, less argumentative, and clearer in their own communication. While the book is written in the context of the employee/employer relationship, the technique can be applied to all relationships in our lives. The concept is still highly influential, and Drs. Rogers and Farson's ideas about client-centered psychology are used in clinical practice today.

Counselling Skills for Health Professionals Sep 27 2022 This is the second edition of a book that I hope continues to be of practical value. For counselling must always be that: practical. No amount of talking, on its own, can really make a difference if people do not end up doing something as a result of counselling. The practical thread remains an important one throughout this edition. Counselling Skills for Health Professionals is not just a 'how to do it' book: people are probably too complicated for that approach to be of much use. Counselling is never simply a matter of learning a range of skills which you then apply in a range of settings. In the end, counselling is about facing the person in front of you, listening to them carefully and then supporting them as they work through their problems. For many problems, there are no easy answers and counselling doesn't offer any 'quick fixes'. It is essentially a supportive process. There are many things it cannot do. It cannot change certain social and political situations. It cannot cure diseases. On the other hand, what it can do is offer people more hope. Often, just the fact that there is someone who is prepared to hear your story and to listen to you is all that is needed. I remain convinced that the key issue in all types of counselling is the ability to listen.

Listening to the Other Aug 26 2022 This well written and accessible book introduces the reader to listening... to listening deeply to the other and listening to one's inner self. Refreshingly clear in its style, and free of jargon, it offers the reader an opportunity to gain invaluable insights into the world of others. Stephen Paul, Co-Editor, The Therapeutic Relationship: Perspectives and Themes (2008) PCCS, Director of The Centre for Psychological Therapies.

Listening, Learning, Caring and Counselling Nov 17 2021 At the centre of any caring role is listening attentively to the concerns, narratives and needs of others. But to develop the skills of listening, learning, caring and counselling (LLCC) you need support and training. Written by an experienced and awarded therapist, Listening, Learning, Caring and Counselling is an authoritative, comprehensive guide full of ideas and techniques designed to fill that role. The main emphasis of this highly accessible reference work is on how health and related professionals can assist clients as they work through the issues they commonly present with — such as depression, relationship issues, addiction and grief. Numerous therapies and their related techniques are described and synthesized into the LLCC approach, while case studies, skills and tips for everyday practice make it a practical and user-friendly resource. Listening, Learning, Caring and Counselling is essential reading for counsellors, support workers, case workers, medical practitioners, health professionals — from physiotherapists, pharmacists, doctors, dentists and their assistants to nutritionists and naturopaths — serious life coaches and emergency workers, as well as those in the fields of human resources.

Effective Communication Skills for Health Professionals Nov 24 2019 This work discusses strategies for teaching, presentation, computing, listening, management and interview skills within each area.

Active Listening Jun 24 2022 Active Listening is a short 1957 work by Drs. Carl R. Rogers and Richard E. Farson, two influential American psychologists. The work brings the counselling technique of active listening to the layperson, demonstrating how it can be applied to interactions between an employee and employer. Carl R. Rogers (1902-1987) was one of the pioneers of the "client-centered" approach to psychotherapy. He is considered one of the founding fathers of modern psychotherapy research and is widely regarded among others in the field as the most influential psychotherapist of all time - viewed even more highly than Sigmund Freud. Dr. Rogers served as a professor of psychology at the University of Chicago, where he set up the university's counselling and research clinic, the Industrial Relations Center. He wrote many books on psychotherapy, and in later years, travelled the world to bring his theories to areas of great political and social strife like Northern Ireland, South Africa, and Brazil. Richard E. Farson (1926-2017) had already completed his bachelor's and master's degrees when he met Dr. Rogers in 1949. Dr. Rogers invited Farson to continue his studies with him at the University of Chicago. Farson became Dr. Rogers' research assistant while he completed his Ph.D. in psychology and began counselling at the Industrial Relations Center. Dr. Farson held leadership positions in a number of research institutions. He co-founded the Western Behavioral Sciences Institute, where he served as president and CEO. He was later appointed as the founding dean of the California Institute of the Arts School of Design and served as president of the Esalen Institute. Drs. Rogers and Farson collaborated on many projects, including 1957's Active Listening. They also led a 16-hour group therapy session that was recorded and released as a film called Journey Into Self. The film won the 1968 Academy Award for Best Documentary. Active Listening describes a method of communication used in counselling and conflict resolution. Rather than serving as a passive participant in a conversation, active listeners take a functional role in helping the speaker to work out their issues. As the speaker shares, the listener repeats back what they've heard in their own words. This both confirms that they've heard the speaker and verifies that they understand. Unlike the way many of us instinctively communicate - trying to get another to see things from our own perspective - active listening requires that we see things from the speaker's perspective. The listener must address not only the meaning of the words, but also the feeling behind them, in order to make the speaker truly feel heard. These feelings can

be conveyed through words, tone, volume, body language, and even breathing. This method is not without risks. It can be tempting to lose your sense of self in the practice of sensing the feelings of another person. As Drs. Rogers and Farson put it, "It takes a great deal of inner security and courage to be able to risk one's self in understanding another." In contrast to many psychological texts, Active Listening is written for the non-clinician or psychologist. In plain, everyday language, the book explains both the concepts of active listening and how they can be applied to the workplace. Employers who engage in active listening, the book argues, can help employees to become more cooperative, less argumentative, and clearer in their own communication. While the book is written in the context of the employee/employer relationship, the technique can be applied to all relationships in our lives. The concept is still highly influential, and Drs. Rogers and Farson's ideas about client-centered psychology are used in clinical practice today.

The Gentle Art of Listening May 11 2021

Observational Listening Oct 16 2021 Conversational skills. People already talk with one another, don't they? It should be redundant to write a book about conversational skills or so you would think. Yet there are differences between people: one seems to get a little more done than the next. Often this boils down to subtle differences in the way they communicate. Ordinarily, people tend to ask questions with a certain goal or purpose in mind. They then listen to the answer as if the answer is based on the question as they meant it to be. Yet the other is answering based on what he understood the question to mean. Observational listening trains the listener to let go of his own goals and interpretations and concentrate on the reactions evoked. In other words, the listener tries to find out what the question meant to the other. In this way, he gets it and is able to bring depth into the conversation in a natural way without resorting to tricks. This book also goes further than your everyday conversation: it is directed at conversational skills in psychosocial settings. The philosophy behind the book is simple yet profound: if you realise that communication is an emotion as well as the expression of emotion, the way to becoming an excellent communicator is to understand emotion and how it translates into behaviour. This is what makes this book unique: it provides the missing link between emotion and communication.

HIV/AIDS Care and Counselling Aug 14 2021

Helping Others Dec 26 2019

Essential Counseling Skills Feb 08 2021 Essential Counseling Skills: Practice and Application Guide offers practical, step-by-step guidance for developing and applying the skills necessary for careers in counseling. Using the metaphor of a professional journey, this guide provides commentary and background information throughout, as readers are directed in their development of such key counseling skills as empathy, building relationships, case conceptualization, and facilitating change. Deep reflection is further encouraged at every key stage through the integration of theory with a wealth of applied exercises and examples.

The Discourse of Child Counselling Jul 21 2019 This book is an empirical study of naturally occurring interaction between child counselling professionals and young children experiencing parental separation or divorce. Based on tape recordings of the work of a London child counselling practice, it offers the reader a unique and sustained look inside the child counselling consultation room at the talk that occurs there. The book uses conversation analysis against a backdrop of sociological work in childhood and family studies to situate the discourse of child counselling at an interface between the increasing incitement to communicate in modern society, the growing recognition of children's social competence and agency, and the enablements and constraints of institutional forms of discourse participation. Chapters include overviews of recent developments in the sociology of childhood and the sociolinguistics of children's talk; conversation analysis and institutional discourse; and detailed empirical studies of the linguistic techniques by which counsellors draw out children's concerns about family trauma and the means by which children, through talking and avoiding talking, either cooperate in or resist their therapeutic subjectification. This book will be of interest to readers in counselling psychology and practitioners of child counselling; to researchers and advanced students in social psychology, sociology and sociolinguistics; and to others interested in childhood and family studies, interactionism, qualitative methodology and conversation analysis.

Personal Construct Counselling in Action Feb 26 2020 In Praise of the First Edition 'In Britain, few people can have contributed more to the development of a personal construct approach than Fay Fransella and Peggy Dalton... Their book is primarily written for those who may wish to incorporate Kelly's ideas into their existing counselling framework... This is an informative book which is concise, well-written and with no shortage of clinical examples, relevant to all who are interested in counselling and psychotherapy' - British Journal of Psychology The revised and updated edition of this practical, accessible book gives a clear introduction to personal construct counselling for counselling trainees and practitioners alike.

Listening to Young People in School, Youth Work, and Counselling Jul 13 2021 This accessible book captures the reality of young people's experiences, their relationships and the things that are important to them. Using in-depth examples from his many years' experience, Nick Luxmoore outlines a creative approach that will enable professionals to respond appropriately to the complex needs of young people.

Listening Perspectives in Psychotherapy Oct 04 2020 Various psychological approaches possess differential effectiveness in bringing into focus different aspects of the human developmental experience. The major psychological schools can thus be viewed as Listening Perspectives for grasping unique and private experience which is, to a greater or lesser extent, characteristic of various levels or stages of development of the human relatedness potential. This book illustrates four distinctly different styles of listening that have emerged in psychoanalysis. It will survey the contributions of many and explore the possibilities of each Listening Perspective as a separate mode of psychoanalytic inquiry.

Counselling Skills for Social Workers May 31 2020 Counselling skills are very powerful. Really listening and providing compassionate empathy without judging is a core part of social work practice with service users. This book provides a theoretically informed understanding of the core skills required to provide counselling interventions that work. It provides detailed discussion of three core skills which are identified as: talking and responding, listening and observing and thinking. Over 11 chapters these core skills are described in terms of what they mean, how they can be learned and developed, how they can be used and misused and, most importantly, how specific skills can be employed in a coherent and evidence-informed counselling approach. Loughran also looks in detail at the skills required to deliver interventions consistent with three approaches: Motivational Interviewing, Solution-Focused Work and Group work. Illustrative case examples and exercises offer further opportunities for reflection and exploration of self-awareness as well as for practising and enhancing skills development, thus making the book required reading for all social work students, professionals looking to develop their counselling skills and those working in the helping professions more generally. Terms such as social worker, therapist and counsellor will be included as they inform counselling skills in social work.

Basic and Advanced Counseling Skills Sep 22 2019 BASIC AND ADVANCED COUNSELING SKILLS, International Edition provides a unique emphasis on skill assessment, helping students evaluate and improve their counseling techniques. The authors use a framework of self-assessment tools and guided observations by experienced counselors-the Skilled Counselor Training Model-to encourage students to develop an accurate appraisal of their own skill levels. The text also offers training on how to transfer counseling skills to actual counseling sessions.